



Local Students Win Trip to Washington, D.C. Youth Tour

Jillianne Zweiacker and Ashley Spess win opportunity to represent IEC on the 2003 Youth Tour

Solving the energy crisis that cripples many third world countries today may seem like a daunting task to some, but high school juniors participating in this year's IEC Youth Tour Essay Contest took the issue head on, proposing a long list of solutions based on American successes in rural electrification. Their essays entitled "What Developing Countries can Learn from America's Electric Cooperatives" were submitted by students from across the service territory in early March as part of an IEC tradition that dates back to the early 1960s.

Ashley Spess, Audrey Sima and Kindra Howerton of Cleveland High School and Jillianne Zweiacker of Pawnee High School were selected by preliminary judges to compete in the final round of competition

held at the annual Youth Tour Banquet hosted this year by Miss Lillie's of Pawnee.

During competition, finalist presented their essays orally to a panel of judges and each answered an impromptu question about electric cooperatives. After scores were tallied, Jillianne Zweiacker and Ashley Spess were named the 2003 delegates to the June 13-19 National Youth Tour and recipients of all-expense paid trips to Washington, D.C. Runners-up Audrey Sima and Kindra Howerton each received \$100 savings bonds.

"Seeing a group of young people of this

see Youth Tour on page 4...

The official
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Indian Electric
Cooperative



Employee Spotlight - Trena Zickefoose

IEC Customer Service Representative discusses her job, family and community activities

Trena Zickefoose enjoys working with people, so being a customer service representative in the cooperative's front office is a job that suits her to a "T."

"I truly enjoy meeting all the different people who come into the office," she says. "They're all nice and it gives me a good feeling to be able to help them."

As a customer service representative, Trena's office is usually the first stop for a new member or someone needing a new service. She completes membership contracts, takes meter readings, helps answer members' questions about their bills or electric usage, and works with members needing to make payment arrangements.

When not at work, Trena is an active woman. She is attending Tulsa Community College, where she is working to earn her associate degree. Her goal is to get a bachelor's degree in business management. She and her husband Troy are active in the Westport Baptist Church, where Trena helps teach a Sunday School class and Troy drives the church van. And when not working at Sheffield Steel in Sand Springs, Troy is

an EMT volunteer with the Sunrise N. 48 Volunteer Fire Department.

They have three children; Skye, 21; Christopher, 20; and Jesse, 18. They are also enjoying a new addition to their family. Justin Time is their 3-month old Labrador-Terrier mix Skye talked them into adopting from an animal shelter.

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Trena Zickefoose
IEC Customer Service Representative

Trena enjoys the variety her life provides, both at home and at the office.

"Each day is different," she says. "The members are nice, and my co-workers are enjoyable. It's never boring and I like that."



THE LAMP

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GET READY FOR SUMMER

After a long winter's nap, it's time for your air conditioners to get back to work.

Keep them pumping at peak efficiency so they'll cool your home's air and keep warm-weather costs in check. A thorough pre-season cleaning is a good place

to start.

If your home has a central air conditioning system:

- Keep your outdoor unit free of debris
- Remove leaves, dirt and twigs from around the outdoor unit, and keep grass around it trimmed
- Change the air filter once a month.

For non-disposable filters, clean them each month

- Clean the indoor coil once a year.
- Softly brush the fan blades once a year to shake off dust and dirt
- Call a professional before the weather gets hot to give your central air condition-

ing system a good once-over

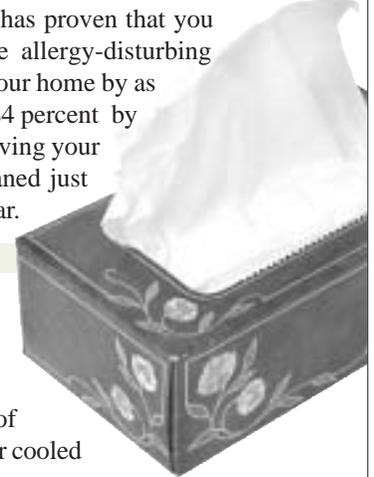
Don't forget about your room air conditioners:

- Rinse or change their air filters once a month
- Brush their exterior fins once a year with water and a gentle brush
- Clean the exterior and interior coils

Done faithfully, these measures will help keep your energy costs down and your comfort levels up.

Nothing to Sneeze At

Research has proven that you can reduce allergy-disturbing mold in your home by as much as 84 percent by simply having your ducts cleaned just once a year.



Keep Cool, Save Energy this Summer

Here are a few summertime tips for saving energy on the hottest days:

• Your refrigerator uses more electricity than any other home appliance. Keep it in a cool spot with good air circulation and away from heat sources like direct sunlight and heat vents.

• There's no need to rinse your laundry in hot water; choose a cold water for rinse cycle for energy savings.

• Fluorescent light bulbs are three to four times more energy efficient than incandescent fixtures.

• For every degree above 75 degrees you set your air-conditioning thermostat, you can save up to 3 percent of the energy used to cool your home.

• Shade outside air-conditioning condensers from the sun.

• In just one hour, a bathroom exhaust

fan can remove a houseful of warmed or cooled air.

• One drop per second from a leaky faucet can waste as much as 10 gallons of water in a week. If the water is hot, you not only lose the water but also the energy it took to heat it.

Made in the Shade...

You can improve air quality, add beauty and increase your property value by planting a few trees around your home. You could even see a dip in your summertime cooling bills if you plant shade trees in strategic locations around the house.

But plant wisely. Tree branches can conduct electricity, creating a possible shock hazard for utility workers who need to service overhead power lines that are too close to towering trees.

Before you plant, investigate how tall the tree will grow and how wide its branches will spread. A tree that grows too tall or stands too close to a utility line may need extreme pruning that will ruin its lush look and shorten its life expectancy.

To avoid this, do not plant anything that will grow to within ten feet of a utility pole or overhead wires.

And for your own protection:

- Never use ladders or tools near power lines or near trees that are close to lines.
- Leave the pruning of trees that are near overhead wires to professionals. It's too risky to prune them yourself.

• If you are digging holes to plant trees, contact the Oklahoma One-Call System at 1-800-522-6543 at least 48 hours before you plan to excavate to make sure you won't interfere with underground power lines on your property.

Grants Available

Looking to beautify your neighborhood, community building or school? The Department of Agriculture, Food and Forestry—Forestry Division, in cooperation with the U.S. Forest Service and the Oklahoma Urban and Community Forestry Council, has announced its 12th year of the Urban and Community Forestry Grant Program.

The grant program is designed to establish, expand and promote urban and community forestry across the state. The 50 percent matching program offers assistance to projects spanning one year. To request an application package, call (405) 522-6158. Applications are due June 27, 2003.



RECIPE



Quick & Easy Desert

2 sleeves Ritz crackers, finely crushed
3/4 c. milk
1 stick butter, melted

1/2 gallon ice cream*, softened
3 pkgs. Jello instant pudding*
8 oz. tub of Cool Whip®

Mix Ritz crackers and butter until crumbs are well moistened. Reserve 1/2 cup for topping; press remaining crumbs in 9"x13" pan.

In a large bowl, mix one pudding packet, milk and 1/2 cup of ice cream with electric mixer until smooth. Slowly mix in remaining pudding packets and ice cream, adding alternately and mixing until each addition is smooth. Pour over cracker crumbs. Top with Cool Whip; sprinkle reserved crumbs on top. Refrigerate until serving time. Cut in squares to serve.

*The original recipe calls for coconut creme pudding and vanilla ice cream. The dessert is very good with cheesecake pudding and vanilla or strawberry ice cream, or chocolate pudding and chocolate or rocky road ice cream.

Youth Tour

...continued from page 1

caliber compete really makes you proud to be a part of the communities we serve," said IEC Youth Tour Coordinator Jonathan Smith.

"Each of these young ladies is active in her school and community and after reading their ideas and hearing them present, you begin to understand why our communities are so strong."

Zweiacker and Spess will join 1,300 other high school junior in June for a hands-on tour of the nation's capital. While in Washington, D.C., the students will have the opportunity to visit historic sites, take a riverboat cruise on the Potomac and attend a VIP breakfast hosted by Oklahoma's Congressional delegation.

Ashley Spess is the daughter of Jeff and Julie Spess of Cleveland. She serves as the Junior class treasurer and is active in Student Council, SADD, FCA, National Honor Society and other student organizations. She also plays basketball, soccer and is a CHS cheerleader. She plans to attend OU and eventually study pediatric medicine.

Jillianne Zweiacker is the daughter of Loran and Suzanne Zweicker of Pawnee. She is the 2003 Beta State Vice President, Pawnee County 4-H President and serves as the Junior Class Secretary. Her athletic activities include softball, basketball, track and cheerleading. Her career ambitions include attending OSU and then law school.

Kindra Howerton is the daughter of Ronda and Mike Stucks of Cleveland. She serves as the HOSA Parliamentarian, FFA Treasurer and has been honored by the National Honor Society and the National Vo-Tech Honor Society. She plans to attend OSU and study veterinary medicine.

Audrey Sima is the daughter of David and Teresa Sima of Cleveland. She is active in SADD, Spanish Club, SWAT, National Honor Society and FCA. Her athletic activities include softball, track and karate. Audrey's career ambition is to study physics at OSU and work for the CIA.

To learn more about our 2003 winners or for details on the 2004 Youth Tour Contest, visit our website at www.iecok.com. A sign-up form is available on the site for more information.

IEC Sponsors

Child Identification Program



Indian Electric Cooperative is proud to announce that it has joined ranks with the American Football Coaches Association®, the Federal Bureau of Investigation and Touchstone Energy® Cooperatives across the nation in the largest child identification and protection effort ever conducted in the United States. On May 1, 2003, IEC kicked off the American Football Coaches Association® Child I.D. Program across its service territory, joining hundreds of Touchstone Energy® electric co-ops seeking to put an end to one of the most alarming domestic issues facing our communities and nation today. More than 800,000 children are reported missing every year. Simply put, that equates to an average of one missing child every 40 seconds.

This unique joint effort provides parents and guardians with a clean and simple inkless fingerprint identification tool to help protect their children. After recording each child in the family's fingerprints and vital information, parents and grandparents can store the durable record cards in the privacy of their own home, within in easy reach should their child ever go missing. Members of the law enforcement community report that access to this valuable information within the first few hours of a search may well be the single most valuable resource for the recovery of missing minors.

"IEC's involvement in this endeavor is another example of our longstanding commitment to our community," says Manager of IEC Member Services David Wilson. "Through this outreach program, we are working to do our part in ensuring the safety of the children of the communities we serve and call home."

For a kit to be mailed directly to your home contact Cyndie Wood, IEC Member Services Department at (918) 295-9564. Kits are also available in IEC's Cleveland and Fairfax offices during regular office hours.

